# First Presbyterian Church of Strasburg, Community Food Bank

You may drop off items any time the church is open, Please place donations in the bins designated for the Food Bank, located near the Welcome Desk. THANK YOU.

Protein Items:

- Peanut Butter \*
- · Canned meat (Spam\*, tuna, chicken\*, stew\*, hash, chili)

#### Breakfast items

- Cereal
- Pancake Mix \*
- Syrup \*
- Jelly \*

### **Beverages**

- Ground coffee \*
- Tea bags
- Canisters of powdered drink mix \*

#### Grains, carbs, misc

- Rice (box, bag, pouch)
- Pasta (bag or box)
- Canned pasta \*
- Helper (any kind)
- Macaroni and cheese

#### Fruits and Vegetables

- Canned vegetables
- Canned fruits\* and applesauce \*
- · Potatoes, white or sweet, can or box
- Pasta sauce \*
- Canned tomatoes
- · Beans, canned or bag

<u>Food snacks</u> for children, such as Jello-O box, pudding, crackers, chips, raisins, granola bars, individual cups of Jell-O, fruit, or applesauce.

#### Paper and Personal items

- · Paper towels (individually wrapped)
- Toilet paper (singles or packages of four)
- Shampoo
- Conditioner
- Deodorant
- Body wash or bar soap
- Sanitary supplies
- Lotion

## Please note:

- \* We can only accept items that have <u>not</u> reached their expiration date.
- \* The items with an asterisk (\*) are often in short supply.
- \* If you are able to donate perishable items such as eggs, meat, or produce, please call the church office (717.687-6030) or email <u>jastum710@comcast.com</u> first to discuss your donation.